

St. Anthony of Padua Cathedral Parish

73 Spruce Street North
Timmins, ON P4N 6M9

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Parochial Vicar: Fr. Jijimon Maliakkal John
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6th Week in Ordinary Time February 15th, 2026

Monday	16	9:00 A.M.	No Mass
Tuesday	17	2:00 P.M.	Mass at St. Mary's Gardens
		4:00 P.M.	Mass at Sacred Heart Parish
Wednesday	18		Ash Wednesday (day of fast & abstinence)
		12:10 P.M.	Jane Martin by Ken & Helen Ryan
		3:45 P.M.	Mass at Lasalle Residence
		7:00 P.M.	Mass at Sacred Heart Parish
Thursday	19	12:10 P.M.	Intentions of the Legion of Mary
		4:00 P.M.	Mass at Sacred Heart Parish
Friday	20	12:10 P.M.	Stella Chapman by Jacqueline Linklater
		7:00 P.M.	Mass at Sacred Heart Parish
		7:30 P.M.	Stations of the Cross at Sacred Heart Parish
Saturday	21	6:00 P.M.	Helen & Nick jr Resetar by George & Karen Drago Muskovac & Pavao Zuzic by Dragica
Sunday	22		1st Sunday in Lent
		9:00 A.M.	For the needs of our parishioners

PARISH OFFICE HOURS: Please call Fr. John or see him after Mass for any office matters.

BAPTISM: Call the Parish Office for further info. Preparation course for parents takes place at St. Anthony's Cathedral. The next course will take place on April 7th.

SACRAMENT OF RECONCILIATION: Fr. John or Fr. Jijimon are usually available thirty minutes before weekday Mass to celebrate reconciliation or by appointment.

MARRIAGE: Contact Fr. John at least six months before your anticipated date of marriage.

PRIESTHOOD: If you would like further information about becoming a priest, brother, or sister contact Fr. John or visit www.vocations.ca

SICK CALLS: If you know of a parishioner who is hospitalized or unable to attend Mass and would like to receive Holy Communion please call the Parish Office.

COLLECTION UPDATE (February 8th): \$2623.00. Weekly Budget: \$3730.00. Difference: -\$1107.00. Month to Date: \$6959.00. Monthly Budget: \$16166.00. Difference: -\$9207.00. Thanks for your generous support.



SANCTUARY CANDLE INTENTION: For special intentions of the Legion of Mary.

SANCTUARY CANDLE: Each week we invite you to light the sanctuary lamp in memory of a loved one or for a special intention. The cost is \$20.00 and you may drop the donation off at the rectory or place it in the collection with the information enclosed. **We are in need of new intentions.**

SUPPORTING THE FOOD BANK: Please continue to remember to bring your can goods each week to Mass to help support the Timmins Food Bank. Your generosity will help make the difference in the lives of others who do not have as much as we do.

VOTIVE CANDLES are available to be lit at the entrance of the Church. Please see the minister of hospitality for one. Cost is \$5.00 per candle.

DAILY MASS: You can follow Mass from St. Michael's Cathedral in Toronto at www.stmichaelscathedral.com/live or the Daily TV Mass at www.youtube.com/dailytvmass



e-Transfer

HOW TO E-TRANSFER: For those who wish to donate to the Parish by e-transfer, use the email "st.anthonys@fibreop.ca" No password is required. Thank you for your support.

SCRIPTURE REFLECTION: "For I tell you, unless your righteousness exceeds that of the scribes and Pharisees, you will never enter the kingdom of heaven." (Matthew 5:20) The Pharisees lived according to the letter of the law, and they used this to elevate themselves above the other people. Jesus is clear – it's the love that you have in your heart, for God and others, that will get you to heaven. Simply following church rules to the letter and not out of love, does not necessarily put you on the path to heaven. Attending Sunday Mass and then gossiping about a fellow parishioner on the parking lot is an example of being a modern-day Pharisee. (Saint Louis Archdiocese Stewardship Office)

2025 INCOME TAX RECEIPTS: For those who would like their income tax receipt emailed to them, email st.anthonys@fibreop.ca and your receipt will be sent to you. For those who are in need of a paper copy, they are available at the entrance of the Church.



Lent

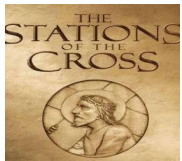
COUNTDOWN TO LENT: Both Ash Wednesday and Good Friday are universal days of fasting and abstinence from meat. Christian fasting obtains its full meaning when we deprive ourselves of food in order to be more open to prayer, to share more in the suffering of those who are starving and to save

more for the poor. To fast means to limit ourselves to one full meal and two smaller meals with nothing in between the course of the day.

The law of abstinence from meat binds all those who are 14 and older. The law of fasting binds those from 18 to 59 years of age. However, it is recommended that children should be gradually introduced to the understanding and practice of this form of penance.

What about Fridays? Fridays have always been considered a day of special penance, a day on which we should respond more seriously to Jesus' command to carry our cross and follow Him. According to the precepts of the Church, Fridays are still days of fasting and abstinence (except during the Easter Season). The Code of Canon Law states: "The days and times of penance for the Universal Church are each Friday of the whole year and the season of Lent (1250). As well, "abstinence from meat . . . is to be observed in all Fridays, unless a solemnity should fall on Friday (1251).

After Vatican II, the Bishops of Canada did give permission for Catholic to substitute fasting and abstinence with another form of penance or an act of charity. However, over the years many of us have forgotten about this and many today do not fast, abstain, or substitute an act of charity of penance. Perhaps this is an area that we can all work on this Lent and continue the practice throughout the year on Fridays.



STATIONS OF THE CROSS: Each Friday during the Season of Lent, Mass will be celebrated at **Sacred Heart Parish** at 7:00 P.M. followed by praying the Stations of the Cross. This is a beautiful Lenten devotion and a great way to enter into this sacred season.

HEROIC 30 CHALLENGE FOR MEN: Inspired by Bishop McGrattan's encouragement to make March a month of renewal for men, Heroic Men have launched the Heroic 30 Challenge — a powerful 31 day journey featuring a different daily video from 31 inspiring Catholic leaders. The program is free and you can sign-up at www.heroicmen.org



GRADE 8 OPEN HOUSE: Class of 2030, we are excited to welcome you and your family to O'Gorman High School. See for yourself why O'Gorman is the school for you! An "Open House" will take place on **Tuesday, February 24th at 7:00 P.M., with doors opening 6:30 P.M.** at O'Gorman High School. Please use the front entrance on George Street. This is a chance to meet staff, learn more about programs and supports, discover extra-curricular opportunities, and tour the school.

REGISTRATION FOR FULL DAY KINDERGARTEN: Full Day Kindergarten registration at Pope Francis School for September 2026 (for children born in 2022) will be held throughout the month of February. You can also registration online by going to www.ncdsb.on.ca and clicking the "Online Registration Request".

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