

# St. Anthony of Padua Cathedral Parish

73 Spruce Street North  
Timmins, ON P4N 6M9

Pastor: Fr. John Lemire  
Parochial Vicar: Fr. Jijimon Maliakkal John  
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## 7<sup>th</sup> Week in Ordinary Time February 23, 2025

Monday	24	9:00 A.M.	Bert & Lois Vaillancourt by the Family
Tuesday	25	4:00 P.M.	Mass at Sacred Heart Parish
Wednesday	26	12:10 P.M.	Jerry McNulty by Phil & Annette Kelly
Thursday	27	4:00 P.M.	Mass at Sacred Heart Parish
Friday	28	9:00 A.M.	Ints of Gina Castanos by Roberto & Teresa Gaces
Saturday	01	6:00 P.M.	For the needs of our parishioners
Sunday	02		<b>8<sup>th</sup> Sunday in Ordinary Time</b>
		9:00 A.M.	Int of Frontada-Santos Family Rea Levesque by Darrell & Lucille Martin

**PARISH OFFICE HOURS:** Please contact Fr. John for any office needs. The office email is [st.anthonys@fibreop.ca](mailto:st.anthonys@fibreop.ca)

**PERMANENT DEACONS:** Deacon Jacob Gregorcic and Deacon David Smith

**SACRAMENT OF RECONCILIATION:** Fr. John or Fr. Jijimon is usually available thirty minutes before weekday Mass to celebrate reconciliation or by appointment.

**BAPTISM:** Call the Parish Office for further info. Preparation course for parents takes place at St. Anthony's Cathedral. The next course will take place on April 8<sup>th</sup>.

**PRIESTHOOD:** If you would like further information about becoming a priest, brother, or sister contact Fr. John or visit [www.vocations.ca](http://www.vocations.ca)

**MARRIAGE:** Contact Fr. John at least six months before your anticipated date of marriage.

**SICK CALLS:** If you know of a parishioner who is hospitalized or unable to attend Mass and would like to receive Holy Communion please call the Parish Office.



**SANCTUARY CANDLE INTENTION:** For the special intentions of the Frontada-Santos Family.

**SANCTUARY CANDLE:** Each week we invite you to light the sanctuary lamp in memory of a loved one or for a special intention. The cost is \$20.00 and you may drop the donation off at the rectory or place it in the collection with the information enclosed.

**VOTIVE CANDLES** are available to be lit at the entrance of the Church. Please see the minister of hospitality for one. Cost is \$5.00 per candle.

**SUPPORTING THE FOOD BANK:** Please continue to remember to bring your can goods each week to Mass to help support the Timmins Food Bank. Your generosity will help make the difference in the lives of others who do not have as much as we do.

**COLLECTION UPDATE:** \$3997.00. Weekly Budget: \$3730.00. Difference: +\$267.00. Month to Date: \$11070.00. Monthly Budget: \$16166.00. Difference: -\$5096.00.



**e-Transfer**

**HOW TO E-TRANSFER:** For those who wish to donate to the Parish by e-transfer, use the email "st.anthonys@fibreop.ca" No password is required. Thank you for your support.

**SCRIPTURE REFLECTION:** "But rather, love your enemies and do good to them, and lend without expecting anything back..." (Luke 6:35) Easier said than done, right? But, if we are to imitate Christ, most of us need to practice mercy and compassion more frequently. Start with the little daily annoyances that we experience, the unkind word or hateful glance we receive. Instead of plotting revenge on that person, try saying a quick prayer for that person. Praying for our enemies doesn't change them, it changes us. Mercy and compassion will keep us on the path to holiness. (Saint Louis Archdiocese Stewardship Office)

**NEW TO THE PARISH:** If you are new to the Parish, we extend a warm welcome to our Parish Family. If you are not yet registered with the Parish, please contact the office to do so. Parish registration is important as it helps us stay in contact with our parishioners and better serve their pastoral needs. If you are not a regular Sunday offering envelope user and would like a box, please contact us and a set will be prepared for you.



**GRADE 8 OPEN HOUSE:** Class of 2029, we are excited to welcome you and your family to O'Gorman High School. See for yourself why O'Gorman is the school for you! An "Open House" will take place **this Tuesday at 7:00 P.M., with doors opening 6:30 P.M.** at O'Gorman High School. Please use the front entrance on George Street. This is a chance to meet staff, learn more about programs and supports, discover extra-curricular opportunities, and tour the school.

**DAILY MASS DURING LENT:** The Cathedral will have daily Mass, Monday to Friday at 12:10 P.M. during Lent. In addition, Sacred Heart will have Mass on Tuesdays and Thursdays at 4:00 P.M. and Fridays at 7:00 P.M. during Lent. This year, **ASH WEDNESDAY** is on March 5<sup>th</sup>. On that day, there will be Mass at 12:10 P.M. at the Cathedral and 7:00 P.M. at Sacred Heart Parish.



**COUNTDOWN TO LENT:** Both Ash Wednesday and Good Friday are universal days of fasting and abstinence from meat. Christian fasting obtains its full meaning when we deprive ourselves of food in order to be more open to prayer, to share more in the suffering of those who are starving and to save

more for the poor (e.g. Development and Peace Campaign). To fast means to limit ourselves to one full meal and two smaller meals with nothing in between the course of the day.

The law of abstinence from meat binds all those who are 14 and older. The law of fasting binds those from 18 to 59 years of age. However, it is recommended that children should be gradually introduced to the understanding and practice of this form of penance.

What about Fridays? Fridays have always been considered a day of special penance, a day on which we should respond more seriously to Jesus' command to carry our cross and follow Him. According to the precepts of the Church, Fridays are still days of fasting and abstinence (except during the Easter Season). The Code of Canon Law states: "The days and times of penance for the Universal Church are each Friday of the whole year and the season of Lent (1250). As well, "abstinence from meat . . . is to be observed in all Fridays, unless a solemnity should fall on Friday (1251).

After Vatican II, the Bishops of Canada did give permission for Catholic to substitute fasting and abstinence with another form of penance or an act of charity. However, over the years many of us have forgotten about this and many today do not fast, abstain or substitute an act of charity of penance. Perhaps this is an area that we can all work on this Lent and continue the practice throughout the year on Fridays.

**STATIONS OF THE CROSS:** Each Friday during the Season of Lent, Mass will be celebrated at Sacred Heart Parish at 7:00 P.M. followed by praying the Stations of the Cross. This is a beautiful Lenten devotion and a great way to enter into this sacred season. As well, St. Anthony's will have the Stations of the Cross on Thursdays after the 12:10 P.M. Mass.



**SPRING SAUSAGE PROJECT:** The Holy Name Society of Sacred Heart Parish will be making homemade hot & mild sausage (\$7 per lb & available as linked or loose) on **April 26<sup>th</sup> and 27<sup>th</sup>**. If you were a previous customer, callers will be reaching out to take your order. If you're a new customer and ant to order, please call Glenn at 705-365-6590 or Sacred Heart Office at 705-268-3053. **Deadline for orders is March 21<sup>st</sup>.**

**WORLD DAY OF PRAYER** takes place on **Friday, March 7<sup>th</sup> at 2:00 P.M.** at St. Anthony's Cathedral. The year's service is written by a group from Cook Islands and the theme is "I Made You Wonderful". Following the ecumenical prayer service there will be a time of fellowship in the hall. All are welcome!

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